



mr.steam[®]
Feel Good Inc.

Home Steam Shower Buyers Guide

GET READY TO FEEL GOOD!

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A STEAM SHOWER AT YOUR HOME... **REALLY!**



You may have spent some time in a steam shower at a spa or resort and only dreamed about enjoying the experience in your own home.

Time to stop dreaming and start steaming!



A STEAM SHOWER IS **IN YOUR BUDGET**

Whether you are remodeling a bathroom, building a new home, or simply retrofitting an existing shower, most people are surprised to learn that a home steam shower system is within most bathroom remodeling budgets.

If your new bathroom includes plans to open the walls, you can have steam at home starting at \$1,250 (excluding labor).



YOU CAN COMPLIMENT YOUR SHOWER WITH STEAM OR CREATE A COMPLETE HOME SPA EXPERIENCE.

When you can invest in the best, you can bring it all home at once. A step up increases your options for both shower size and features, including the innovative iSteam control and remote control features. An iDream package of iSteam, AromaTherapy, ChromaTherapy and MusicTherapy creates a sensual immersion and total relaxation.



Mr. Steam generators are intelligently designed to allow for immediate or future add-ons of AromaTherapy, ChromaTherapy and Music Therapy.

WHY STEAM?



Home steam showers make you feel good every day.

A home steam room creates its own landscape, where the senses expand and boundaries soften and disappear. It is the most sensual of beauty rituals: relaxation and rejuvenation, stimulation and exhilaration.

And there's nothing like looking good to make you feel good. The water and warmth deliver softer, more supple skin, which also tends to provide a youthful appearance.



WHY STEAM?

There's the joy of quiet time, whether alone or with a special someone. It feels good to decompress and let go. With a home steam shower, you get all this. And more. Much more:

- **Daily steam showers can improve your sleep, and soothe cold and allergy symptoms.**
- **A steam shower can as small as 3' x 3' x 7'.**
- **Retrofitting an existing shower into a home steam shower can easily be done by your remodeling professional, especially with MrSteam's intelligent plug and play installation.**
- **Typical steam generators use only 2 gallons of water for a 20-minute session. Compare that to the water use for a multi-headed shower system or a 75 gallon whirlpool.**
- **The energy cost for an average steam shower session is less than \$1.**
- **Optional AromaTherapy, ChromaTherapy and MusicTherapy have been shown to benefit holistic health in steam showers, and intensify the experience for all the senses.**

How often does it happen that something that feels so good is actually good for you?

A daily steam shower can remove toxins from the body, boost metabolism, increase circulation, improve breathing and promotes deep restful sleep.



STEAM IS SO GOOD FOR YOU

“I have long recommended steam therapy for its health benefits and use it frequently myself. Unlike the dry heat of most saunas, it soothes the nasal passages and respiratory tract, relieves congestion, and clears the sinuses. It relaxes mind and body and neutralizes stress.

After trying a number of home steam therapy systems, I have found Mr. Steam products to be the best. They allow me to enjoy steam therapy regularly, just the way I like it.”

- Dr. Andrew Weil

STEAM IS SO GOOD FOR YOU



- Gives skin a healthy glow
- Nourishes skin with nutrients
- Hydrates dry skin
- Cleanses the skin
- Relieves stress
- Encourages relaxation
- Improves breathing
- Increases blood circulation
- Boosts metabolism
- Removes toxins from the body
- Eases cold symptoms
- Decreases rigidity in joints
- Promotes deep restful sleep
- Increases muscular flexibility
- Relieves throat irritation
- Eases arthritis pain and discomfort
- Aids against cellulite
- Fosters a sense of well being
- Eases allergy, asthma discomfort
- Helps promote sinus drainage
- Helps reinvigorate tired muscles





HOW DOES A HOME STEAM SHOWER WORK?

Remember when you used to boil water to steam your face and open your pores? Same idea.

The steam generator boils water, and the resulting steam is delivered from the generator to a steamhead inside your shower.

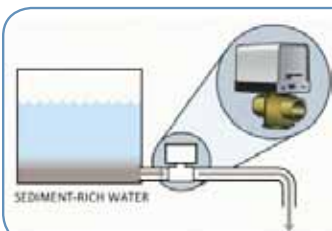


A shower enclosure contains the steam, and a seat provides a comfortable place to relax and enjoy the steam experience.



The popular eSeries generators are the best, available in sizes to meet the largest, most complex installations.

The plumbing connections include a water line to the generator, a steam line from the generator to the steam room, and a drain line.



The best systems have an auto flush option for automatically draining the generator, ensuring fresh, clean steam every time. No stagnant water in the generator and no chemical buildup.



steam@home

NO SPACE OR BUDGET IS TOO SMALL.



The Steam@Home generator is designed for smaller spaces and smaller budgets.

Create a steam shower in a space as small as 3' x 3' x 7', starting at just \$ 1,250, exclusive of labor.



YOU'RE IN CONTROL

THE STEAM GENERATOR IS OPERATED BY WALL MOUNTED CONTROLS OR REMOTE CONTROLS.



iSteam



iTempo Plus



iGenie Remote

Options include remote start/stop controls and a **HomeWizard** device that connects to almost any Smart Home Automation System.





With a swipe of the finger, the iSteam's intuitive touch screen navigation allows the user to seamlessly control temperature, time, audio entertainment, and overall steam system functionality. iSteam's accessory commands include optional chromatic lighting and aromatic infusers to transform the home shower into a sensory spa.

iSteam is as easy to use as a smart phone!

iSteam functions as a dashboard to easily customize every aspect of the home steam shower experience. It displays only the function you want, instead of a confusing array of tiny buttons or complex navigation.



- Extending only 1/8 of an inch from the wall, the iSteam is virtually flush mounted.

10 ELEMENTS OF THE PERFECT HOME STEAM SHOWER

The quality of the steam room generator is critical to long-term, hassle-free steam bathing enjoyment.

As with any improvement in your home, durability counts. Look for industrial-grade components that deliver reliable performance for years of use.

1. Easy-to-use controls, highly rated for high-moisture environments. Wireless and home automation controls are really sweet options, we should note.
2. A steam-tight shower enclosure may be constructed with tile, natural stone such as marble, acrylic, fiberglass, or solid surface composites.
3. A shower enclosure that is at least 3' x 3' with a maximum recommended ceiling height of 8'.
4. A glass shower door.
5. A shower enclosure ceiling, sloping away from the user to prevent condensation on bathing area.
6. A steam generator that is accurately sized for the type of enclosure material. Mr. Steam makes sizing easy with the Virtual Spa System.
7. Beautifully simple swipe-touch controls to activate the steam, control time, temperature, dual settings, chroma, aroma and music systems.
8. A water line and drain.
9. Electrical supply, either 240v or 208v.
10. A seat or bench.

QUESTIONS TO ASK YOUR BATHROOM PROFESSIONAL

1. Are the steamheads cool to the touch?
2. Is the steam infused with aromatherapy or simply delivered through the steamheads?
3. What maintenance and cleaning is required for my home steam shower?
4. Will the generator deliver an uninterrupted flow of steam, or will it cycle on and off?
5. Will there be cold spots in the steam shower?
6. Does this steam system drain the generator automatically after each use to avoid calcium buildup?
7. Can this system automatically deliver fresh steam with every shower?
8. Is this system UL listed?
9. Is this system quiet?
10. Does the steam generator have self-diagnostic LED indicators?
11. Is this steam generator made in the USA?
12. In the event that service is required, can it be done in the home or do I have to ship to a service center?
13. Which system has the best warranty?
14. How long has the manufacturer been in business and what is their reputation?

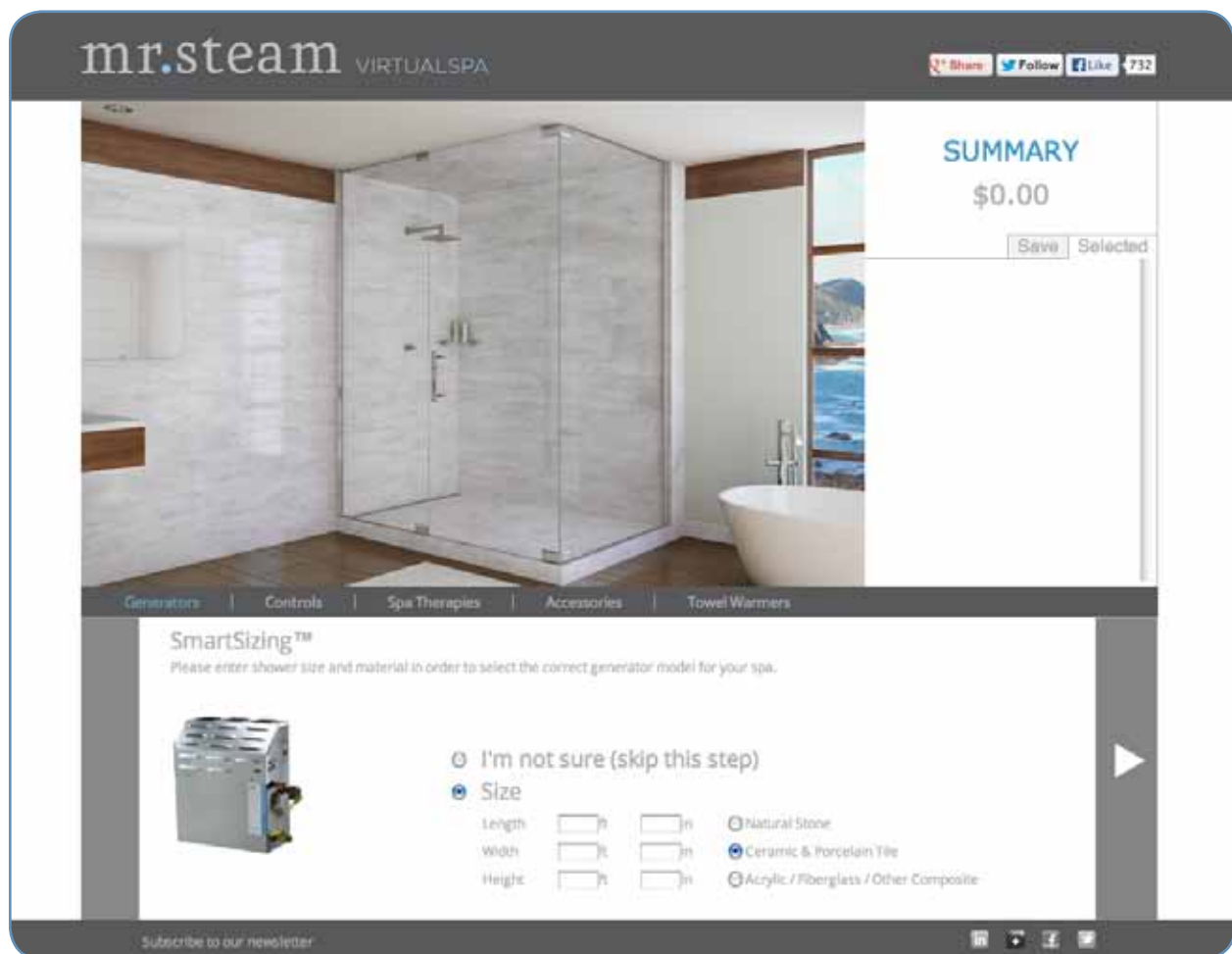
Please refer to our Operation and Maintenance Manual for complete information before specifying, installing or using a Mr. Steam product. Operation and Maintenance Manual is available online at www.mrsteam.com or by calling 1-800-76-STEAM

THE VIRTUAL SPA

Now that you know about Mr. Steam steam showers, you may decide to transform your bathroom into an even more deluxe spa with a larger steam shower and luxurious amenities such as music, chromatherapy, aromatherapy and more.

Mr. Steam's **Virtual Spa System™** makes it fast and easy to select and preview every element of a home steam spa in a simple step-by-step guided process.

Visit <http://virtualspa.mrsteam.com>



Create your dream home spa and bring it to life right before your eyes.

Ready to take the next step?

It is a decision you will feel good about every time you steam.

Mr. Steam steam showers are sold at independent authorized showrooms nationwide.

Visit www.mrsteam.com to find a Mr. Steam authorized showroom near you.



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